



Proud to
Introduce

Proveda Nutricio Panch Tulsi

Power of Panch Tulsi



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Leading you to success



Rama Tulsi
Ocimum gratissimum



Swaat Tulsi
Ocimum tenuiflorum



Krshna Tulsi
Ocimum Tenuiflorum



Van Tulsi
Ocimum Grattissum



Arjak Tulsi
Ocimum sanctum

Tulsi (holy Basil) History



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- Tulsi plant in traditional medicine for last thousands of years.
- Tulsi (*Ocimum sanctum*) is an aromatic plant belongs to family Lamiaceae.
- It is traditionally used for preparation of various Ayurvedic formulations for treatment of bronchitis, influenza, and asthma. Hot concoction
- of Tulsi leaves is usually provided for immediate relief in cold, sneezing



Proveda nutricio Panch Tulsi



- It is one of the best examples of Ayurveda's holistic lifestyle approach to health.
- Considered as potent adaptogen,
- Panch tulsi have a unique of nutraceuticals actions that promote well being and resilience



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Benefits of Panch Tulsi Drops



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- Reduce Psychological stress
- Multipurpose stress adaption
- Encounter metabolic stress
- Normalise blood glucose, BP & lipid levels
- Useful in Osteoarthritis
- Anti viral & Anti Flu
- Improve Digestion
- Improve Detoxification
- Abdominal Cramps & Constipation



Panch Tulsi Dosage & Guidelines



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Dosage

- 1-2 drops in a glass of water / tea or Lassi 4-5 times a day

Safety

- Children below 12 years, pregnant or lactating women are advice to consult doctor before using

Pack

- 20 ml pack

