



Giloy Tulsi



What is Giloy ?

- *Tinospora cordifolia*: One plant, many roles
- Commonly called as Guduchi
- Rich source of active compounds alkaloids, steroids, diterpenoid lactones, aliphatic, and glycosides
- Possess anti-diabetic, anti-periodic, anti-spasmodic, anti-inflammatory, anti-arthritic, anti-oxidant, anti-allergic, anti-stress, anti-leprotic, anti-malarial, hepatoprotective, immunomodulatory and anti-neoplastic activities.





What is Tulsi ?

- Tulsi - *Ocimum sanctum*: A herb for all reasons
- Tulsi has been found to protect organs and tissues against chemical stress from industrial pollutants and heavy metals, and physical stress from prolonged physical exertion, ischemia, physical restraint and exposure to cold and excessive noise
- Possess Antimicrobial properties



Why Giloy Tulsi ?

- Giloy Tulsi helps to remove toxins, purifies blood, fights bacteria that causes diseases and also combats liver diseases and urinary tract infections. “Giloy is used by experts in treating heart related conditions, and is also found useful in treating infertility”
- It is rich in antioxidants which help in mitigating stress and conditions like diabetes, high blood pressure and so on. “Tulsi has linoleic acid which is extremely beneficial for skin,”. Tulsi leaves have volatile and fixed oils which can help fight allergies, infections and pathogens





Ingredients

Giloy

- It is used for diabetes high cholesterol
- Supports in allergic rhinitis (hay fever)
- Useful to prevent Rheumatoid Arthritis, Hepatitis, Peptic ulcer disease
- Acts as a natural immunity booster
- Rich in anti-oxidants
- Improves indigestion
- Alleviates Anxiety & stress
- Boosts Vision





Ingredients

Tulsi

- Useful to prevent Asthma, bronchitis, Colds, Congestion, Sinusitis, Sore throat
- Prevents high blood pressure and high cholesterol
- Useful in Headaches, earaches, and eye disorders
- Prevents Skin diseases and insect bites
- Tulsi helps in skin brightening
- Tulsi helps in curing acne face marks
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Benefits of Giloy Tulsi

- Boost Immunity
- Helps in Chronic Fever
- Prevent Joint Pain
- Boost Digestion
- Improve Blood formation
- Useful in digestion and metabolism
- Acts as an Hypoglycemic agent
- Helps in Asthmatic Symptoms
- Helps in reducing aging sign
- Helps in Uric Acid condition



Dosage and Cost

Dosage : 10-20 ml with 100 ml of water preferably with empty stomach ,twice a day

500 ml : MRP-550 Rs

