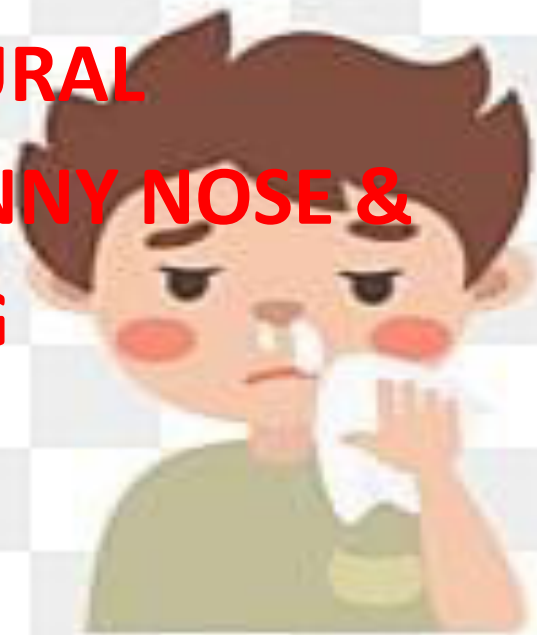




**DR.NUTRICIO  
COUGH + COLD SYRUP**



**PURE & NATURAL  
RELIVES COUGH, RUNNY NOSE &  
SNEEZING**

# What is cough & Cold

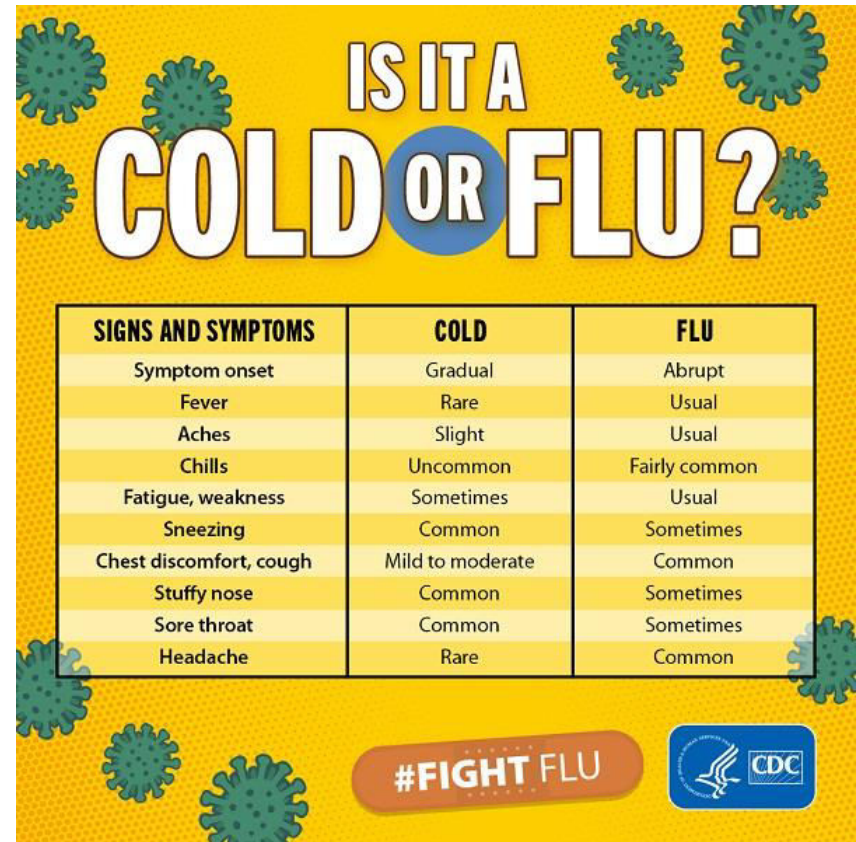
- Sneezing, sore throat, a stuffy nose, coughing -- everyone knows the symptoms of the common cold.
- It is probably the most common illness. Every year, adults get about 2-3 colds, and children get even more.



# Signs and symptoms


## Cough & Cold

- Runny or stuffy nose.
- Sore throat.
- Cough.
- Congestion.
- Slight body aches or a mild headache.
- Sneezing.
- Low-grade fever.
- Generally feeling unwell.



**IS IT A COLD OR FLU?**

SIGNS AND SYMPTOMS	COLD	FLU
Symptom onset	Gradual	Abrupt
Fever	Rare	Usual
Aches	Slight	Usual
Chills	Uncommon	Fairly common
Fatigue, weakness	Sometimes	Usual
Sneezing	Common	Sometimes
Chest discomfort, cough	Mild to moderate	Common
Stuffy nose	Common	Sometimes
Sore throat	Common	Sometimes
Headache	Rare	Common

#FIGHT FLU 

# Solution ..

## Dr Nutritio Cough & Cold Syrup

- Dr. Nutritio Cough & Cold Syrup . The first acting formulation to provide relief from cough & cold
- Highly effective cough syrup which helps in cold, influenza, dry cough , Bronchitis, Pertussis, whooping cough etc.
- It counters respiratory allergies. decongests



# Ingredients : Cough + Cold Syrup



## Adusa

- Used for **treating bronchitis, asthma and dental ailments**. It relieves cough and breathlessness. Its local use gives relief in pyorrhoea and in bleeding gums. Relieves toothache, cures chronic catarrh and is used as an aphrodisiac.



## Tulsi

- Tulsi leaves help improve the individual's ability to fight against common cold as well as cough. Tulsi **boosts the production of antibodies thereby preventing** the onset of any infections. Tulsi has cough relieving properties. It helps soothe the airways by helping you cough out the sticky mucus



## Mulethi

- It is due to its **expectorant and bronchodilator properties** that it is known to provide relief from conditions like cough and bronchitis. If you want to avoid chewing on mulethi sticks, you can mix ginger juice to mulethi tea.



# Ingredients : Cough + Cold Syrup



## Vacha

- Vacha **helps in the management of cough due to its expectorant property.** It helps to remove mucus from the air passages, thereby providing relief from cough[13]. Yes, Vacha helps to manage cough which occurs due to the formation and accumulation of mucus in the respiratory tract.



## Apamarga

- Apamarga Kshar (Apamarga ash) is an **effective and strong medicine for expelling excessive Kapha in the body** and to give relief from cough due to its property of Ushna virya (hot in potency).



## Pippali

- Pippali is an effective herb in managing cough and cold. Pippali **controls cough, releases mucus, clears air passages**, thus allowing the patient to breathe freely. This is because Pippali has decongestant, bronchodilator and expectorant effects due to its Kapha balancing properties.

# Benefits : Cough + Cold Syrup

- Useful in :
- Bronchitis
- Pharyngitis
- Whooping Cough
- Asthmatic Cough
- General Cough & Cold



# Dosage : Cough + Cold Syrup

- Dosage :
- Adult : 2 – 3 spoons syrup twice a day
- Children : 1.5 spoon twice a day or as advised by the physician

